



# NAVIGATING JOB LOSS:

## How to kickstart your job search

Losing your job can be a challenging and stressful experience, but it doesn't have to define your future. Preparation is key in navigating the job search process and landing a new role that aligns with your goals and aspirations. Here are some steps you can take to prepare for being laid off and getting ready for a job search:

STEP

### UPDATE YOUR RESUME

1

Your resume and LinkedIn profile should reflect your most recent work experience, skills, and achievements. Take the time to update them regularly, especially if you have new skills or accomplishments. It's important to show employers the full picture of your experience.



[CLICK HERE](#)

STEP

### UTILIZE YOUR NETWORK

2

Your network is one of your greatest assets in a job search. Connect with former colleagues, industry professionals, and attend events and workshops to expand your network and make new connections.



[CLICK HERE](#)

STEP

### RESEARCH COMPANIES

3

Identify the types of organizations you would like to work for, their company culture, and the roles that match your skills and interests. This way you can keep an eye for job postings from companies that you'd like to work with.



[CLICK HERE](#)

STEP

4

## BRUSH UP ON YOUR SKILLS

Take the opportunity to upgrade your skills and knowledge through online courses, workshops, or certifications. This will make you a more attractive candidate to potential employers and help you stay up-to-date with industry advancements.



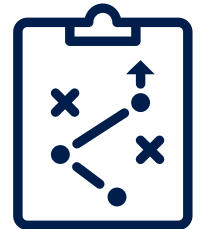
[CLICK HERE](#)

STEP

5

## CREATE A STRATEGY

Develop a plan for your job search, including how many applications you want to submit each week, how you will follow up with employers, and what your salary expectations are. A strong strategy will help you stay on track with your job search and provide structured guidance.



[CLICK HERE](#)

STEP

6

## STAY POSITIVE

Losing your job can be overwhelming, but it's important to stay positive and maintain a work-life balance. Engage in activities you enjoy, stay physically active, and don't forget to take care of your mental health. Remember, being laid off is not the end of your career. With preparation, persistence, and a positive attitude, you can find a role that aligns with your goals and aspirations.



[CLICK HERE](#)

Remember, being laid off is not the end of your career. With preparation, persistence, and a positive attitude, you can find a role that aligns with your goals and aspirations.

CONNECT WITH US FOR  
MORE CAREER TIPS

